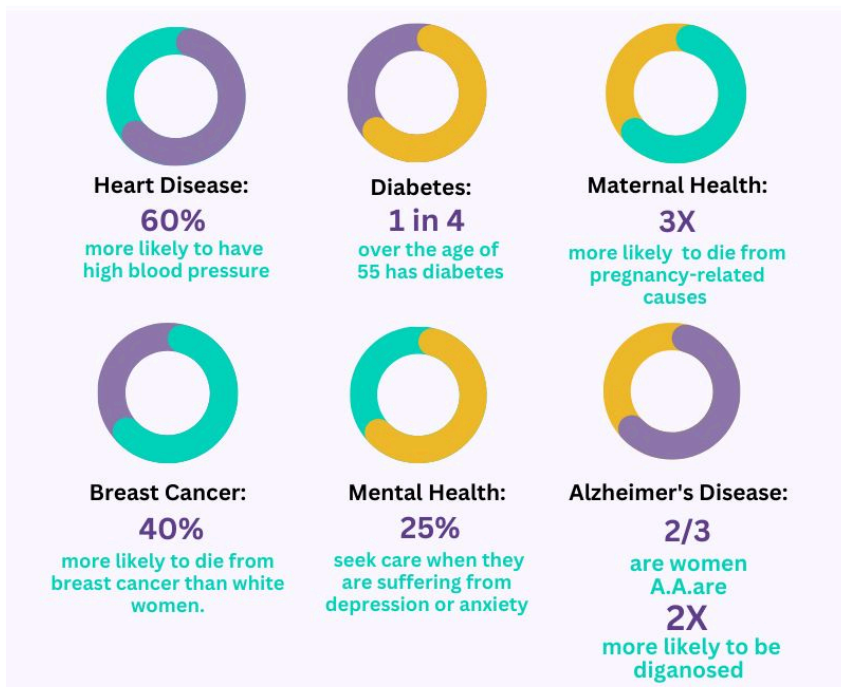


BRIDGING THE GAP:
Addressing Health Disparities Affecting
African American Women

DID YOU KNOW?
African American Women are at higher risks of ...



CONTRIBUTING FACTORS

Socioeconomic Disparities:

Limited access to health care facilities, lower rates of health insurance coverage, and economic barriers.



BIAS AND STEREOTYPING IN HEALTHCARE

Experiences of discrimination and lack of cultural competency in healthcare settings.

4 STEPS TO ACTION:

- 1 Educate Yourself and Others:** Increase awareness by sharing information and engaging in conversations about these disparities.
- 2 Support Policy Change:** Advocate for policies that aim to improve the health care system for minority populations.
- 3 Community Engagement:** Volunteer, donate, or participate in programs that support the health and wellness of African American women in your community.
- 4 Closing Thought:** Together, we can bridge this gap. It starts with awareness, is fueled by action, and leads to change. Join us in lifting each other up for a healthier, more empowered future."